

Understanding international players motivations

I am of the view we don't find out enough about our players who we ask to represent the country.

I tried to address this limitation with some of the national players I coach by asking them to submit to me their response to the following:

- Tell me how it feels to be selected to represent your country.
- Do you know what wins medals.
- Why do you want to do this.
- Is the goal of yours, or your national team, worth the commitment.
- What do you expect to gain from the experience.
- What do you lose or sacrifice to take on this task.
- Is the goal something beyond bowls itself.
- Explain the fire in your belly.
- If you lost at the event, do you know what you would be able to answer to explain what more you could have done to secure a medal.

All of this leads me to continue to read about the player motivation, to better understand their being, their motive and to compare their 'talk and their walk'.

Lachlan Tighe, 2017