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Game day finals, Coach's talk

Game Day - A final say from the coach

N.B _ You came either top or second at the conclusion of the current pennant round, so don't throw away all that good experience, that confidence.

What do the best in sport do?

We are not the world's best, but why not apply some things they do, even at our level.

FUNDamental Keep it fun.
 Keep it basic.
 Retain a 'reality' check on your game - lose confidence not skill.
 Good teams are those who win even when not playing too well on
 the day.
 One in, all in, from herein.

WINNING: How will it be evident to me during the competition.

Winning ways: during the game.

Pre delivery routine exact and constant every bowl.
Visualise every delivery, thus we 'bowl' two bowls to the opposition's one.
Technically be proficient, bend extend low and slow.
Maintain your standard - accept your mistakes.
Tactically make preferred decisions, minimise errors.

Team awareness

Everyone reacts favourably to compliments.
Front end team - think like that every end.
Leads set our tactical foundation.
Leads have greatest impact with one third of the deliveries.
Don't be greedy.
Maintain, then gain.
Bowls in the head reduces the risk factor.
Four rink teams make the Club side.
Responsibility is shared equally 25% per player.
How often are we monitoring the progress of me, rink, side.

Conclusion

Those who play (games), practice (games) and may not get to finals.
Those who compete in bowls as sport, train to win FINALS.
If you do what you always do, you will get what you have always got.
In our case another win, oh surprise, surprise ...it was the final.

Lachlan Tighe, edited 25/7/2015