

Panel Topic: Game Plans In Bowls

YouTube video series, 2018

We produced eight(8) video clips featuring a panel of nine credentialed players / coaches. To my surprise, numerous people have since told me they could hardly hear the audio of the clips. Why I am surprised is because I simply put on my earphones and the sound was normal. These panel discussions were informative, yet, compared to the practical clips, were poorly viewed. Therefore I summarise the panels Q & A in written form as follows:

Game plans for fours

Q: Now here is an issue for me. You all skip and coach pennant clubs, and at premier level.

Ah ha, tell us about your pennant fours game plan.

A: Answers offered from the panel

- Our club has no official plan
- Mode is to attack or defend
- Have two bowls in the head
- Keep it simple
- Lead to have a bowl in the head and one a metre behind the jack, and the second is to have second shot or to convert
- A game plan is important for the synergy of the team
- Each skip should have a version of a plan
- The game plan has to vary to suit the skip personality
- A game plan has to be practical, specific for each player, specific for the team
- A plan for the front end of the team
- Most sides have no plan but the rink team must have one
- One example was to make it difficult for the opposing skip to get access to our winning position in the head
- Simple plan of 2 in the head and 2 behind
- Having a planned choice of length means we can train for it, know it applies weekly and all season regardless who constitutes the four
- An approach is to use the warm up deliveries to decide on the plan
- Game plans must have options (where first plan is failing)
- In club pennant we have 4 rink plans

attitude, all about practicing habits

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- We cite Hodge & Kholi - know your role, accept your role, play your role
- Any plan has to be measurable, observable for adaptation (to not working)
- Each member of the fours team is to have specific objectives
- With a prepared plan, the lead can spontaneously set the mat where the plan operates
- Premier league teams appear to have no prescribed game plan
- A game plan is a discipline, a sense of team unity, of contribution expectation.

Lachlan Tighe, 2019