

Preparing for pennant performance, 2017

Question:

Hi Lachlan:

We are a handful of top side players who as coaches within the club are taking on the coaching roles at a strong pennant club for the first time and already are planning a training schedule in readiness for when the (pre) season gets going in the next month or two.

Wondering what (else) you would do before the season starts?

Response:

Hi guys:

Firstly, well done on your keenness and the good sense of your club to use your skills to service your own club.

Sounds as if you have planned the schedule to offer regular weekly training and one off coaching to all members for the entire season, which I would do too.

It seems you seek my advice for the top side hence my offering that follows is based on that factor.

It is imperative that the club does a review of the previous season top-side pennant performance – sometimes even wins hide sins. I suggest everyone who played at least a game for you in that top-side be invited to attend a two-hour forum, and others keen to get selected this coming season. Oh and any recruits you target which allows them to see and hear how serious you guys take this role.

My idea for the forum is give more than 30 minutes to these three items and each and every one of the bowlers who played a game at that level last season is to:

- State one thing they learnt from opponents.
- State one strength of yours, of the team.
- State one thing you / the team needs to do to remain in top pennant level this coming season.

Now for 15 minutes

- Have the four top-side skips explain their game plan and specific use / expectation of their team.

Then allow you coaches to summarise as a panel for the final 15 minutes. You might be amazed by what you gain from such a forum. You are immediately displaying to the players how serious you are in the role as coaches providing benefits to them, to the club. Be delighted to hear the outcome.

Thanks.

Lachlan Tighe, 2017