

What To Observe Of A Bowler

QUESTION:

Hi Lachlan:

Thank you for your advice recently. My first pre-season pennant practice match is on 19th September. If you are available would you come and have a look at my technique, delivery etc. I would appreciate your assistance?

Cheers,

Kay

ANSWER:

Hi Kay:

I don't want or need to come to that pennant trial all day, as an hour of observation of your game will be ample time to provide feedback, and I also wanted to do a 30-minute practical session with you after the game.

Now one thing. I am not as interested in your delivery, your technique, as you appear to be, as those are base ingredients and will be expected if you are any good.

You can find good bowlers / coaches nearby to tinker with your technique if so required.

What I want from you is an email telling me:

What you want to achieve this season;

What amount of training have you done in readiness for the trial;

How good your technical skills are;

The expected number / % of effective bowls you set yourself for the day;

If skipping what is the team game plan;

And if not the skip, what is your team role as you expect to apply it;

Long term, what goals have you set (I always have goals even as a part time bowler).

As you would expect from that level of detail I seek from you, not many people seek me in coaching nowadays.

That response to detail is an early indication of their motivation level. I do not encourage them if their motivation is dubious, not honest, as these are the standards I set the players need understand I may be able

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to give them best chance to really improve, to drive their motivation.

I hope I shall read your return email in due course.

Thanks

Lachlan Tighe, 2017