

## Using Facts & Figures As Knowledge

### DECISION OPTIONS Measuring skill execution

This is the head scenario:

Back of opposition first bowl and jack are same and the bowl is placed one bowl from the jack.



I have done this head set a number of times, most recently early 2018 with no player succeeding in successful execution of all tactical choices.

In past years I used to request the players tell me how many options they saw on the right forehand (FH) and ten (10) options was as good as it got.

One national squad attempted the 10 FH options with four deliveries so that we had a sample of 38 players execute 1,520 bowl deliveries to gauge the various option outcomes and apply to any one player.

#### **FASTEST TO SLOWEST TECHNICAL DELIVERY SKILL**

I now call this session the heading above and for this exercise all attempts are a right hand FH.

ML means a mat length.

Eight pace / weighted deliveries are available, however we have **15** tactical choices for the eight paces as follows (compared to what used to be 10).

Pace of weight deliveries and the 15 applications:

Slowest (resting toucher draw);

Add a ML behind as our early back bowl, yet it remains effective in the head;

ML over into opposition bowl;

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***Facts to measure your tactical skills***

ML over to trail jack;

Metre over into bowl,  
now onto jack ;

Two metres over into bowl,  
now onto jack;

Four metres over into bowl without losing your bowl,  
now onto jack;

Running delivery into bowl,  
now onto jack ;

Fastest full drive into bowl only,  
now into jack only;  
now into the head.

If you can do most of these successfully (50% would be a really good guide) it gives you and the skip knowledge as to how best to use your technically competence tactically.

**Lachlan Tighe, 2018**