

# Judging Distance From The Mat

Some years ago, Leicestershire County Coach Terry Hibbert, wrote about in TALKING POINT, a method of judging distances from the mat, a method which is a key piece of any lawn bowlers arsenal today, for the brain can not make adjustments without precise information.

The image attached is the first in a series of six as explained by Coach Hibbert: "I made measurements originally for my own information, making as much use as possible of the information that was available to me on the rink.

"Colleagues rarely give an accurate signal to indicate how short or long a bowl is, and I find I can adjust far better by this method and also judge whether my bowls get by other bowls in the head.

"The measurements were made with bowls laying on their sides.

"The concept of judging distances from standing on the mat has aroused some interest amongst colleagues. The comment is sometimes made, "but I'm smaller than you, does that make a difference?"

My reply is, "You probably play with smaller woods, so no."

"The distances are not inch perfect, but bowlers can use the principle to judge their own bowls," said Hibbert.

The full six images will be shared on [www.lachlantighebowls.com](http://www.lachlantighebowls.com) over the next few weeks.



