

Bowls Website menu- Q&A
Coaching large groups

Coaching Large Groups

QUESTION:

Hi Lachy:

I am running a club / group based coaching session at my club next week. I am anticipating about 50 members to attend. I ran one earlier in the season with great success and I am running another one. I was wondering if you had any suggestions for drills that may be suited for such a large group of people.

Cheers

RESPONSE:

Hi Nick:

My website has two menus for specific reference to your request and to assist both menus include items with diagrammed training programs for you to choose one / some that may help

One menu 'training sessions' has about 50 items with diagrams though just a few are specific for large groups. The other menu 'fun games training,' all with diagrams, has about 20 items and all of these could be suitable as the emphasis is on fun and learning as a secondary outcome.

I am sure something can be used from the 70.

Hope it goes well.

Lachlan Tighe, 2017