

Singles serve modified game

Singles game based on historical squash scoring system, serve to win a point/shot:

A player only scores by winning the end to secure serve and then to win the end to score points.

Losing that end means the other player has the serve and capacity to score on the next end.

Play first to 7 shots.

If other bowlers are training as part of a team program, have a series of contests of 3 or 5 ends with winners competing against one another and losers competing against fellow losers until we have the ultimate winner.

