

**Website menu, Coaches corner  
Coaching teams**

## **COACHING - TEAMS**

### **Factors affecting team performance**

|             |   |
|-------------|---|
| Leadership  | level of thus reflects culture                                  |
| Skill       | beyond technical delivery                                       |
| Composition | of teams is a foible of selection requires an ideal BUS concept |
| Objectives  | for players to be known, applied, measured, reviewed            |
| Game plans  | hello anyone home, watch what other sport does                  |
| Team spirit | trained, enhanced, embraced                                     |
| Attitude    | shows bad & old habits in bowls                                 |
| RIP         | recruit, improve, perform                                       |

### **How to influence team performance at elite level (A level all teams should be striving toward)**

#### Management

- set the objectives
- make everyone accountable
- choose the right people in all roles from the outset
- encourage as well as review

#### Players

- be given what they NEED not what they want to do
- challenge to excel, explore, change
- skips in leadership - ensure qualities obvious or else to be trained in skill set or dropped
- must set goals; no goals, no go, no direction, no hope
- learn from past experience and share with all so as to be better

#### Selectors

- BUS concept- right players right selectors and players in right positions
- Skill ratings are measurable not qualitative

#### Coaches

- influence players to realise how good they can be and thus the team
- control & directive in training applying games sense skill
- enhance mental, tactical and communication skills set
- maintain standards attitude and skills
- ensure purpose and intensity in training, combined with fun
- assist with team debrief skills for all
- influence on team cohesion: allow range of emotions including disappointment, but, stamp on destructiveness and negativity, subtly dislodge distraction
- praiseworthy in practice at training, see something good as often as we can
- don't accept mediocrity, and, be bloody intolerant of anyone (else) who does

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