

Elbows
bowls columns

Advanced coaching – a view

Many national bowls bodies have a system to accredit coaches to an advanced status. What value that status is I don't know. More important to me is that the prospective coaches at this level are indeed advanced beyond their lower level peers and to that end I would expect these advanced coaches to be able to expand on these points when and if asked:

- Have you a coach philosophy?
- What is your ambition as a coach?
- What is your vision as a coach?
- How will you plan your development to coach?
- What is the expected impact you may have on players;
- And impact on a team/ squad?
- Can you appraise your own skills to coach, e.g.:
 - Self-awareness, self-management, program management?
- Do you reflect on your performance as coach?
- How do you challenge your approach?
- Do you know who is the best coach?
- And what is it they do to make them thus?
- How innovative are you, do you try things?
- Do you set your own goals?
- Do you assist players setting their goals?
- What is a detailed training program?
- Are you involved in player entry schedules?
- How do you measure your own and player performances?
- How do you improve those two performances?
- How do you review those two performances?
- Do your training session have:
 - Intensity, purpose, structure, planning, fun, review?
- For players competition do you:
 - Plan, observe, guide, measure, appraise, debrief?

P.S....my book "**Winning becomes you, in lawn bowls**" is now available from December, 2013.
If interested in purchase, contact me direct on email l.a.tighe@bigpond.com
Or refer to my own website www.lachlantighebowls.com

Lachlan Tighe, 2014