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Debrief: performance analysis

Debrief: Performance Analysis

As a coach it is imperative you are able to analyze a game to be able to effect a reasonable debrief with the player(s).

When you do an analysis and a debrief of player(s) performances in events you may find my detail of a State fours final below of some assistance.

As coach, never waver from being honest with the players, as it helps them in the long run.

Never walk past a review because fellow team members feel awkward doing it. Makes me wonder why you chose them as teammates in the first place.

TEAM PERFORMANCE: RESULTS, ANALYSIS & OBSERVATIONS

Explanation _ Two marks in each column with first mark the first delivery per player.

Definitions _ Not effective bowl

S is a short and ineffective bowl

* skip did not add where could have, ineffective bowl

T is a toucher

D great drive/great trail

/ is a ML or effective delivery

Short bowls based on the training we forfeited a shot for short bowls so the two right hand columns amass the number short, and adjust the score every 6 ends to show how much the team contributed to the opposition scoreboard & add in deliveries where skip did not add to advantage

END	Lead	Second	Front End- back bowl	Third	Skip	Score Each end	Short bowls & *Each end	Score adjust short bowls
1	- /	//	-	--	- /	(2)	-	
2	S /	--	-	SS	/ *	4	4	
3	S /	//	-	//	S /	(2)	2	
4	/ S	//	/	/ S	/ *	3	3	
5	S /	S /	/	/ S	/ S	1	4	
6	1 -	/ S	-	/ S	/ -	(1)	2	
review	6/12	8/12	2/6	5/12	6/12	8-5	15/48	8-20
review	4S	2S		5S	4S*		15/48	
7	- /	--	/	/ -	- T	1	-	
8	S -	/ S	/	S -	SS	(2)	5	
9	//	- /	/	- /	/ -	(2)	-	
10	//	--	/	//	/ D	dead	-	
10	/ -	/ -	/	//	- S	(1)	1	

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11	/ -	S -	/	- -	/ D	dead	1	
11	- /	- -	/	- S	- -	(2)	1	
12	- T	- T	/	- -	/ *	4	1	
review	9/16	4/16	8/8	6/16	9/16	5-7	9/64	5-14
review	1S	2S		2 S	4S*		9/64	
progre ss						13-12		
13	T /	- /	/	- /	- /	1	-	
14	S /	S /	-	- /	--	(3)	2	
15	/ -	S -	/	- S	- S	(3)	3	
16	- /	T -	-	- -	/ -	1	-	
17	- S	/ S	/	/ S	- D	1	3	
18	- -	/ S	/	S /	- -	(1)	2	
review	5/12	5/12	4/6	4/12	3/12	3-7	10/48	3-17
review	2S	4S		3S	1S		10/48	
total	20/40	19/40	14/20	15/40	18/40	16-19	34	16-51
	7S	8S		10S	9S		34	
% total	50	47		37	45			

Expected Objectives Fours team

- The team to adhere to the game plan to WIN
- Each bowler in the team to perform in their position at their expected standard;

Anticipated Objectives

- Lead and second to have an effective bowl 14/18 ends
- Back end two to have an effective bowl 12/18 ends
- Keep ends lost to 2 shots
- Win the majority of ends played, /18

Results compared to Anticipated Objectives

- Lead and second to have an effective bowl 14/18 ends (played 20 ends)

Outcome 17/20 & 14/20

- Back end two to have an effective bowl 12/18 ends

Outcome 12/20 & 14/20

- Keep ends lost to 2 shots

Outcome 2 ends cost 6 shots

- Win the majority of ends played, /18

Outcome 8/18

ANALYSIS by outcomes: 20 ends

Number of ends where

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- all 4 contributed an effective delivery

outcome 6/20

- only one player contributed with both deliveries

outcome 5/20

- front end did not contribute 2 effective deliveries together

outcome 7/20

- back end did not contribute 2 effective deliveries together

outcome 10/20

- the team had at least one short bowl

outcome 15/20

- the team had no short bowls

outcome 5/20

- skip failed to add

outcome 4

- number of times a player delivered consecutive effective bowls

outcome 11/80

FOURS TEAM

% Statistics standards: the % of bowls deemed Mat Length (ML) or effective delivery at state levels.

Competition level	LEAD	2nd	third	skip
State	55	55	50	50

Mat Length (ML) or effective delivery with FIRST bowl each end as objectives.

Competition level	LEAD	2nd	third	skip
State	12	same	same	same

Number of ends with recorded Mat Length (ML) or effective delivery as objectives.

Competition level	LEAD	2nd	third	skip
State	14	same	same	same

OBSERVATIONS:

Each player can choose to react as they will to all of the below as it is intended to be an appraisal of that one concerted effort to achieve. At no stage should it be construed as anything but helpful for the future, for that is the intent of all that is below.

THE TEAM

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- Wins still hide sins, learn the lessons whether you win or lose if wanting to have ultimate success.
- Teams that win display a spirit supportive / competitive / sensibly NOISY all day.
- Must continue to watch multiples lost, all side members need to work at that.
- Very important factor in tough times throughout the game.
- What is the observable game plan of the team?
- What is an acceptable performance of each player?
- Did we have the right players in the right positions in the 4s team?
- Correction is bread & butter stuff, yet how often did the second bowl not correct?
- Every member should be aiming for a high first bowl effectiveness as it presumes taking opportunities.
- Where was back bowl by delivery 4 in the scheme of things?
- Skip & third at head, why?
- Skip had lead join him at head, why?
- Question the team factor in these two instances.
- Team emotionally taut - I arrived end 7 score 9-5 our favour; I only knew we were up by looking at the score; the lack of joy coming from the team did not equate with the score.
- What happened to all that energy trained these past months?
- Seemed like 4 individuals often, as I could not hear the spirit vocals.
- Lead was not throwing done sufficient challenge to opposition.
- Lead could be more effective with teammates than up with skip.
- Too many cooks - skip had too much input too early from teammates.
- Getting shot is not the priority early, yet players want to be holding shot, including skip.
- The team with skip appeared rudderless, passive, apathy, which compared to the comment of ..'living the dream.'
- Intensity was the theme of the training: skip calls to players too loose, be far more demanding.
- Example being the MW bowl in front of jack - the players trained to be around that, not a metre behind it.
- Short bowls were not corrected mentally or physically.
- What did we learn from 4s preparation over these past 3 months?
- Did you note the value of the opposition back end and how they encouraged their front end.
- Were there any objectives agreed to by one and all in the team.
- Players might like to consider a start to the practice of noting their own record of deliveries in any future game they play anywhere so as to improve their own overall standards of performance.
- And, what more information does anyone need than having an objective for the team, for each player, so here is a sample.
- For the future ask yourself, what more could each of you have done, we as a team have done in preparation?

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- Trained specifically being down with a few ends to play - what did you do to implement that practice.
- Three team meetings called yet 2 of the 3 had a player missing, unity, communication.

FRONT END TEAM

- Leads / seconds to work at being closer for team to build on if we are to succeed.
- Front end competitive without dominating.
- First bowl from team LEAD not nailing it.
- Front end teams win games and back end teams determine by how much.

BACK END TEAM

- No deliberate call by skip for a back bowl from front end.
- Skip calls lack attack mode.
- Skip not seeing possibilities for shots.
- Back end off the boil.
- Back end underperforming, what was done to alter that factor.
- Skip not energizing the team.
- How often do we need to remind skips not to call a change of hand knowing the % success rate (Ivanhoe 2014 national coach and players seminar).
- Your tactical nous needs to be practised as much as our bowls skill.
- Skip inanimate displayed when nothing came from him after a good team delivery - whereas the lead was urging the bowl on.
- Score was 9-5 after 7 ends - stem the tide at end 10 or at worst end 12, do something!!! (AFL football coach legend Kennedy remonstrating his players).
- Opposing third was dynamite from mid-game: what could you have done to limit his effect or his access to the head.
- Skip seemed to call unfavourable hand too often.
- Skip conservative in use of his player's skills to attack.
- Skip was indecisive, perception being unsure, unaware, off the boil, lacking presence.
- What did we learn from skip workshops over winter?
- Third too quick to insert his opinion rather than seek to hear the skip clarify his decision.
- Skip still not sharing his decision with the team as he heads to the mat, so how do they know what to cheer for when he delivers.

The above is quite an exhaustive debrief rather than a preferred team meeting chat about the game, with some discussion points to use to exchange views within the team.

As coach I would steer the discussion among the team.

Lachlan Tighe, 2019