

Winning Is A Mindset
Winning Flows From Failure

Dear reader:

Winning is a result of learning the lessons.
Failure is a forerunner to success, lesson learnt.

Failure, against what, an expectation or a measured objective, or unrealistic target.

Failure, and mistakes require review, reasoning, and learning from the experience.

Mistakes are liable to dent egos of shallow / fragile persons.
This is not losing. Failure is not learning from that loss.
Without failures we may well be a failure.

We (can) learn from each and every mistake when we strive to succeed.

Repetition and (deliberate) practice are the ingredients to learn the lessons for success.

Preparedness to experiment, to tweak, so that technique and attitude are consequences of the journey.

Experience of losing accompanies increased expertise, even wisdom, in that the experience / journey ensures you now know the pitfalls and the alternate path / choice to success.

Write, simply write, and document your experiences knowing what you did, and, especially what you did well for what to do next time. Know what it is you need to do, as you wrote it, to gain and maintain success.

Preparation is the cornerstone to and for success.

Develop a 'failure muscle', a trigger that you have trained to connect to the technical, the tactical, the team factor that needs addressing NOW in the midst of the competition.

Lachlan Tighe, 2021.