

Winners Make Things Happen

The Australian Open was on at Broadbeach two months after hosting the Commonwealth Games 2018.

All those entrants.

The majority of these players hope to win.

The great majority of these players don't have a game plan (tactical) strategy. Even many of our very best bowlers.

Winners expect to win.

Why?

Well for one thing, certainly in other major sports, the winners develop a plan.

They identify strengths and train to maintain these. They identify weaknesses and train to minimize these impacting on the performance.

They apply better tactical skill because they train to develop or improve these skills. And because of this intensity of training, they know what works and what doesn't.

How does a bowler / team go about having game strategies:

- Try some at training and apply in low profile events and review them.
- Know how and when to modify or drop a strategy.
- One end is not enough time to assess your strategy though +5 ends may be too long persisting.
- If you lose, review the strategies.
- Try to gain your preferred strategy so you can then train it to be your winner.

Thus with all their strategies, winners win.

Lachlan Tighe, 2018