

# Tactical Defence Is Choice

I am not a basketballer, or fan, but have read enough to know many elite coaches in that sport place enormous focus and faith on good defence as it provides their teams with choice in play.

Interpreting those views for bowls, the parallel to good defence for team formats is having bowls in the head, a deliberate game plan of ensuring a minimum number of those first four bowls in the head and one in arrears of the head.

Disciplined approach reinforced with intense application at training. And the disciplined approach is called a game plan for the team. When the game plan is applied well our skip's choices of back end team strategy are wide and open. Whereas the opposing skip who had no plan has reduced his options for back end application.

Give yourselves choice in competition bowlers, teams, skips.

See defence as the foundation for successful attack.

A final thought for fours team, for their skips:

*The Front end (team) win games: the back end (team) determine by how much.*

**Lachlan Tighe, 2020**