

Thumbs up to game plans, statistics, being coached to win, in a squad (pBus)

Hi Pbus Crew:

Firstly thumbs up and thank you for your congratulations for Sams' and my recent Regional Pairs victory, of which the final was a high quality match and we are both looking forward to the next step in April.

And of course our next step was to win the state pairs title. Then our next effort was to contest the national pairs championships as the state winners.

The heading I hope has provoked your interest to read further as I would like to share with you my take on game plans and, while I know I am preaching to the converted, I wish to add a few further benefits I have experienced.

After being selected to skip in my Club's second side I was excited that now I could put into practice all I had been training for and learning over the past year as part of pBus into a pennant environment.

So firstly 👍 (thumbs up) to my Saturday pennant team and pairs partners as they have embraced game plans, without question.

👍 (Thumbs up or an effusive well done) is all I use, indicating an effective bowl, (No Fingers indicating shots up or down.)

👍 (Thumbs up) to the fact that not indicating the score and being congratulatory to my teammates when they achieve an effective bowl is powerful for their psych and confusing to the opposition.

👍 (Thumbs up) to our whole team reviewing the game plan every five ends, coming together as a team during the game is a terrific sign of unity and has had the effect of unsettling the opposition.

👍 (Thumbs up) to the fact that for the first four bowls, we all know the plan and I do not have to stand out in the heat / rain hovering over the head. I still applaud from the bank, while I grab water, stay cool or stay dry.

👍 (Thumbs up) to focusing on the game plan or next shot and not the number of fingers on display from the opposition.

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thumbs up bowlers

👍 (Thumbs up) to teams who are willing to experiment with game plans.

👍 (Thumbs up) to a team / squad that understands their individual roles and appreciates each other's ability and input.

Lastly a huge 👍 (thumbs up) to all the pBus crew and our coach for all the knowledge, experience and support we have shared.

Alison Hall 2023