

Elbows
Players: the qualities & attributes to identify

Bowlers as players, attributes

Player commitment - measurable factors

- Level of usage of personal and specialist coaches
- Preparedness of player to comply with and use services as directed by the national coach
- Commitment of player to their Skills development based on evaluation and analysis as recorded in their training and your competition (viz game plans, mental & tactical skills)
- Calendar of coaching and training program for following year
- Obligation to record and maintain a fitness program of an acceptable standard
- Level of usage and application of sports science (include game plans etc.)
- Self appraisal form and evaluation of such form
- Skill rating using average and a 'pb' to gauge ultimate level of technical skill
- Player debrief reports & analysis
- Fitness - a level acceptable to anyone presuming to play elite level bowls as sport
- Report from national and personal coach
- Report from national selectors
- Potential for improvement measured by the various factors above
- Measure of the **personal qualities** recognized by selectors as important
- Responsibility to submit requested information to the Bowls organization per timelines
- Any other factor deemed by the bowls committee (viz Rankings)

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