

# Teams Work Being Led

## Teams & Leadership

**Teams work best when their leadership is strong.**

Elite sports persons with leadership qualities have most of these attributes to achieve success:

- Purpose and direction
- Persistence, discipline
- Action oriented
- Positive attitude, self confident
- Committed not involved
- Honest - mirror & window analogy
- Enthusiasm, passion, motivation
- Plan
- Knows their skills and knows when to use them
- Develop the will & program to train at best performance
- Exceptionally drilled in the basics
- Trusting positive attitude to teammates
- Knows, uses relaxation techniques
- Evaluates & set new goals as they meet standards
- Set the standards

## Players being Team leaders

### LEADING REQUIRES LEADERS in TEAMS

Leadership is not solely an assigned position, it is an indicator of character reflected in those:

- With a vision
- Innovative
- Decision makers
- Exude trust
- Are encouraging
- Are teachers

**Website columns**  
**Teams work, a series of articles**

Have a sense of humor  
Demonstrate their conviction  
Plan  
Embrace others as people  
Confront and resolve conflicts  
The energisers in the team

***Examples of the issues to do with (other) team members:***

- Players arriving drunk to compete for your club in team, note TEAM, pennant;
- Players from your side drinking, to excess at times, whilst team is competing;
- The skip call - not to your liking so you 'sook', worse disregard
- Passive member - does not vocally support, pick up bowls, express any glee for the others;
- The sniping, undermining teammate (what an oxymoron there) snidely getting stuck into the decisions of the skip, from a safe distance might I add;
- Totally immersed in how they are going, fear of selection, fear of ego status;
- The highly intrusive third telling skip what and how to play.

The leadership means that person may be demanding yet understanding of the circumstances of each member.

**Lachlan Tighe, 2022**