

# A Performance Worth Measuring

## Question:

Hi Lachlan:

I heard you comment at your seminar this year that some players, teams, clubs were recording their deliveries in pennant. How do they do that?

## Answer:

Hi:

I shall use an example as this player's performance at Premier league (here in Victoria, Australia) over the season was worth his measuring.

It is worth saying that he (or a team) wants to measure how they are performing in competition so as to improve.

The worry warts (even in some cases the club coaches) can't hack it, the fact your performance may be legitimately effectively measured.

Anyway, this player by simply ticking his scorecard when each bowl was satisfactory or putting a – to signify it being no good after each end has a record that took 2-3 seconds. He collates this after the 21 ends to get his information to review performance. Oh, when he is not bowling he is totally immersed in support of his rink teammates.

And what did he collect over the season. Here are three measured factors:

1 Bows within a mat length (%)

average	51
pb	63
lowest	29
range	29-63
median	50

2 First bowls within a mat width (from 21 ends)

average	8
pb	12
lowest	5
range	5-12
median	8

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3	Ends having an effective bowl contribution (from 21 ends)
	average      16
	pb            21
	lowest       10
	range        10-21
	median       16

This player has information about himself. Knowledge of how he does / can perform. As a member of the winning Premier League premiership team, he knows, too, he is among the best players around as the premier league is the pinnacle level of pennant in our state (with 10 lower divisions offered to about 30,000 players).

So why wouldn't he continue to gather such information. Those that say they can't / won't do it, do not face up to their unwillingness to challenge themselves to new horizons of performance. I disregard these players and do so more knowing they are not in that winning Premier League grand final side.

This player was. Heed his approach and willingness to measure how he goes.

**Lachlan Tighe, 2017**