

Team Roles And Positions For Bowls

To start my 2017 year off in sport and coaching, I took an opportunity to browse through numerous sports book I have in my library to detect and refresh myself of any valuable messages from the books to refer over to bowls, bowls coaching and elite level bowls.

The generic themes I reacted to were these:

- Attitude
- Choose the players of character
- Culture and teams
- Coaching
- Leadership
- Measuring performance, observing and statistics
- Mental skill
- Selection and teams
- Skip skills
- Teamwork
- Team roles and positions
- Winning is a mindset (as is losing)
- Xcellence.

Here then are some précised statements, and my take too, on the specific theme below.
Each theme will be on a separate article/column.

Team roles: Planning, debriefing

The right preparation is a must. (4)

One of the reasons for doing a game plan is that you start with a positive approach to the game, maybe offsetting the nervousness that will appear, because you are fixated on applying the strategy planned for the game. A plan is better than no plan. (1)

After a loss, review the positives as a priority. Identify the role of the individual, their contribution to the team effort, preparation for the contest. Reward and recognize post game. Part of the review was effective contribution where team member and team benchmarked what was the level for a successful contest. All based on a game plan, and, with that we train for the habit making skills & drills to win. (7)

Plans: Chart your course
 Decide your pacing
 Set interim checkpoints

Debriefs _ It is not an inquisition, a fault finder. It is the foundations for the next plan, all leading our team being better as winners. Conduct it straight after the event allowing feedback to be honest positive open and two way.

What did we do well?

What did we learn today?

What might we consider doing differently next time?

**Website menu- facts, knowledge, measurables
Books on sport, Team roles and positions for bowls**

BCB 2012 if we / you don't succeed, ask yourself what could I have done better, differently. What could my team have done better, differently. Why did you not challenge the approach at the time?

Question on your personal accountability. What could YOU have done to counter our demise, relegation, loss, or to influence the acceptable successful standards?

Team debriefs:

Don't C	DO A
C compare	A accept
C criticize	A acknowledge
C compete	A appreciate
C condemn	A appraise (3)

The majority of bowlers turn up at the green for pennant with no purpose in mind other than expecting to win. If they don't play well there are numerous players, circumstances to point out to for blame. No mirrors here please. The player / team that seeks success sets out goals and plans for the game to win. (2)

Sources

- 1 Bryant, Bryant on Bowls
- 2 Belliss, Play better bowls
- 3 Benincasa, How winning works
- 4 Charlesworth, Shakespeare the coach; The Coach;
- 5 Collins, Good to great
- 6 Dwyer, Full Time
- 7 Matthews, Accept the challenge
- 8 O'Neill, Sport leaders and success
- 9 Orlick, In pursuit of excellence
- 10 Parkin, Perform or else
- 11 Pyke, Toward better coaching
- 12 Syer, Sporting body, sporting mind; Team spirit
- 13 Woodward Winning

Lachlan Tighe, 2017