

YouTube: Formula For Success

YouTube video series, 2018

We produced eight (8) video clips featuring a panel of nine credentialed players / coaches. To my surprise, numerous people have since told me they could hardly hear the audio of the clips. Why I am surprised is because I simply put on my earphones and the sound was normal. These panel discussions were informative, yet, compared to the practical clips, were poorly viewed. Therefore, I summarize the panels Q & A in written form as follows:

Formula for success

Q: I once asked an elite player, who is a regular winner, what is the formula for his team success? You all had success in bowls, what do you reckon contributed to your big team wins?

A: Answers offered from the panel.

Some of the panel members had experience with international teams and offered those insights too:

- Confidence
- Confidence that others can see you exude
- Confidence in your preparation
- Self belief
- Success comes from the effort you put in
- Determination
- Trust in other team members
- Getting positive energy from teammates and returning that energy
- Immediate success may be how well you played today
- Long term success may come from recruiting the highly skilled
- Overwhelming passion to win, to get another shot this end
- Desire to thrash the opponent
- Intense concentration levels
- Fully immersed in the performance
- Enormous discipline
- Train the process to succeed
- Elite players appear to do it (perform) without effort
- Players might use a word association to reinforce high performance

Lachlan Tighe, 2019