

Aspirations Of Coaches

During 2020 I have used the website to prompt and foster a need to meet a demand for PD for coaches, most especially those wanting to elevate their craft to service the keen bowler, the talented bowler and certainly the elite level bowlers in the sport.

As late as December I was made aware of a BA initiative to foster women in leadership roles. Well one vital role is in coaching.

This article / column might well be posed to all those females striving to be better as coaches and to support and foster talented female bowlers.

Here goes:

ASPIRATIONS AS COACHES

These questions below are certainly coach specific and our female colleagues ought view them that way;

Coaching in general

- Why do you coach, thus what is your philosophy, your vision?
- What is your goal / ambition / objective as a coach?
- How can you achieve your objectives in coaching?
- How can you appraise your own skills, your performance to coach?
- Describe any innovations you have implemented as a coach?
- What aspects of coaching do you feel you need to learn more about?
- Can you explain how you coach tactical skills?

Coaching individual players

- How can you help the player achieve their goals?
- How do you assist players setting their goals, events, their training?
- How do you identify an elite bowler?
- How do you measure a player's performance(s)?
- How do you improve a player's performance?
- What game plans have you developed with any bowler?
- How do you review their performances?
- A player says to you the coach, I want to improve my performance, however once I enter into competition...my mind and body freeze up, what can I do?

**Website menu coaches corner
PD for aspiring coaches**

How do you coach players to...play to win rather than play not to lose?

Coaching teams (fours)

What game plans have you coached the team?

What roles / objectives do you assign to each member of a (fours) team?

A player says to you the coach, I want to be a better lead in a 4s team...being the best around, what do you need to know?

What is the expected impact you may have on players / teams?

What qualities / skills in players are important to you in coaching teams?

How do you get 'buy in' from teams?

How can coaches meet individual and team objectives if and when they differ?

What are the skills of front end team members?

What then are the skills of the back end team?

I am sure those who are accredited Advanced Coaches have seen these type of questions before, whereas those of you wanting to develop without doing the formal Advanced course ought to read and react for your own insight on your developing as a coach.

Lachlan Tighe, 2021.