

Menu - Facts, measures

Factors Affecting Team Performance

Firstly an explanation of three words within the table:
 Hodge = know your role, accept your role, play your role (& Indian cricket captain Kohli)
 BUS = right people in right positions, offload the passengers (applies to teams & club)
 TCUP = think carefully under pressure. I listed Factors into four categories and a player can control one (mine) influence another (team) and deal with the other two with comfort.
 Mental toughness is that skill to deal with what you can control or influence.

FACTORS EVEN BEFORE THE GAME

Mine	Team	Club	External
		BUS	
commitment	commitment	commitment	
	composition	coaching	clothing
		culture	
debrief	debrief	debrief	domestic life
	goal	goal	fitness
	Game plan		
Hodge	Hodge		Health
intensity	intensity		
		leadership	
		morale	
Mental tough	Mental tough		
mediocrity	mediocrity	mediocrity	
measured	measured		
motivation	motivation		
		Player pool	
positivity	positivity		
preparation	preparation	preparation	
respect	respect		relationships
		standards	
	Spirit	selection	
skills	skills		
	Skip		travel
strengths	strengths		
training	training		
	targets	targets	

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Team oriented	Team oriented		
weakness	weaknesses		
winner	winners		Work issues

FACTORS
ONCE THE GAME GETS GOING

mine	team	club	external.
anxiety	anxiety		
	assertive		
	Back end		
	cautious		
	communication		
confidence	confidence		
	decisions		
	dysfunction		
energiser	energisers		
enjoyment	enjoyment		
	Front end		
	harmony		
intensity	intensity		
leadership	leadership		
mindset	mindset		
	morale		
	opportunity		Opposition:
negativity	negativity		behaviour
	Play to win		strategy
persistence	persistence		mindset
positivity	positivity		pressure
pressure	pressure		Skip
	Skip tactics		skills
	Skip		
	Sooks & snipers		
	Situation aware		
	TCUP		
	Tantrums		surface
trust	trust		temperature
	wimps		wind

I have done this before as an article and limited it to the player, whereas here I have tabulated it into the four headings so we can see where all the potential influences exist.

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