

Games are FUN, training session

Team relay

Fours teams – young turks, wise owls, molly dookers, bowls sizes / brands / colours.

Objective to have all members attempt and progress with the skills.

Winners, first team to complete the 5 tasks.

Process – player #1 starts and if successful all team can continue, if unsuccessful then #2 tries to allow the team to continue; continue till someone is successful.

Tasks:

- 1 Roll jack to minimum, within a metre of mark.
- 2 Deliver a bowl to finish in zone, MW between two bowls set at minimum.
- 3 Deliver a bowl to wrest out shot bowl set at minimum.
- 4 Deliver a bowl from maximum length to out draw a bowl set a ML from ditch.
- 5 Deliver a drive from maximum length to clear out the head.

A more intense variation of the above is everyone has to complete the 5 tasks to win.

