

Knowledge Of Yourself As Coach

Many national bowls associations have a system to accredit coaches, with some associations able to provide further support by courses for coaches to gain advanced status.

What value that advanced status is I don't know.

More important to me is that the prospective coaches at this level are indeed advanced beyond their apparent lower level peers who are base coaches.

Found in some of the national manuals are questions posed to coaches keen to try to acquire advanced coach status.

It is a good thing to reflect on who you are in this guise of...bowls coach.

Why not read these questions and see if you have some idea of who you are as a coach.

Do you have a coach's philosophy?

Why do you coach?

What is your goal as a coach?

What is your vision as a coach?

What is your ambition as a coach?

What are you trying to achieve as a coach?

How can you achieve your objectives in coaching?

And how can you help the players achieve theirs?

What values, beliefs and principles are important to you striving for your goals?

What qualities are most important to you?

How do I want to be seen as a coach?

How will you plan your development to coach?

What is the expected impact you may have on players?

What impact on a team / squad?

How can you appraise your own skills to coach, e.g.?

Do you reflect on your performance as coach?

How can coaches communicate their philosophy to players to be in accord?

How do you challenge your approach?

Website article
Knowing yourself as a coach

Do you know who is the best coach and why?
How can coaches meet individual and team objectives if and when they differ?
How innovative are you, do you try things?
Do you assist players setting their goals?
Are you involved in player event entry schedules?
How do you measure your own coaching performance?
How do you measure your player's performances?
How do you improve those two performances (coach & player)?
How do you review those two performances (coach & player)?
What is a detailed training program for the season / year?
Does your training session have: purpose, structure, interaction, intensity, games sense, fun, review?
What aspects of coaching do you feel you need to learn more about?
For players event competition do you: plan, observe, guide, measure, appraise, debrief.
I have held such workshops here in Australia as early as 2005 and overseas as recently as 2019 and it is surprising how few coaches, keen as mustard, have not reflected on themselves as a coach.
A constructive exercise to self appraise so to speak.

Lachlan Tighe, 2021