

pBus squad
Debrief- BV open 2022 performance

BV Open Championships 2022

ANALYSING & OBSERVING COMPETITION PERFORMANCE

The squad had 10 members finally get to the event here in regional Victoria, Australia with Leanne coming over from NZ, and Harry coming down from the Gold Coast, and Robbie from the Sunshine Coast also in Queensland.

Our ten squad attendees were:

Leanne, Harry, Alison, Denise, Dan, Robbie, Darryl, Peter, Simon, Samantha.

All formats had sectional rounds prior to the knockout system leading to finals.

My belief (based on the TV commentators' information) is that 3,500 participants featured with 2,200 entries over the eight days of competition.

Winning sections was first rung of the ladder, then get to final 16, then attempt to medal, and finally win gold.

In summary results:

Male squad of six:

Singles	Three sectional winners, losing in later KO
Pairs	I sectional winner, losing in KO
Triples	No sectional winners
Mixed pairs	No sectional winners

Female squad of four

Singles	Four sectional winners, one losing in KO, three getting to final 16
Pairs	One sectional winner, losing in KO; Two GOLD medallists (Ali & Denise)
Triples	Three GOLD medallists (Ali, Sam & Leanne)
Mixed pairs	Two sectional winners, losing in KO.

AND, Ali won the championship medal as **the player of the BV open event**, ripper girl.

Moving on what could each of the ten do to assist themselves, and us, in review of the event. I would suggest you consider responding to these questions I pose. How would you rate your performance in each format of the championship?

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What technical performance standard did you perform at	/10
What tactical performance standard did you perform at	/10
What mental performance standard did you perform at	/10
What fitness performance standard did you perform at	/10
What jack throwing standard did you perform at	/10
How productive was your first bowl getting within (MW)	%
How productive was last bowl getting 2 nd shot	%
How effective were you at maximum length	/10
How effective were you at minimum length	/10
How effective were you on your backhand, generally	/10
How effective were you on your forehand, generally	/10
How well did you apply your game plan winning strategy	/10
How switched on were you in the first few ends	/10
How switched on were you in the last 3-5 ends	/10

Ratings (1-2=no good; 3-4= just a game; 5 =OK, average; 6= good; 7-8= very good; 9= exceptional; 10= perfect),

You score 5+ for every sentence above and I bet you win @ section level;

You score 7+ for every sentence above and I bet you win a medal;

Other questions and answers to be sought from the event:

What did you see out to achieve (goal, game plan, 'pb')?

What specific goals / game plans worked well?

Why did you win / lose?

What was your strength & weakness on the day?

Tell us three positive things from this championship?

If you dropped multiple shots any end, why?

What do you change / can we change for you to win a championship / more championships)?

What did you learn about better performance from any of your opponents?

What has to improve in your skills - elaborate about tactical, mental & team?

What has to improve in your game plan?

What has to improve in your game preparation approach (attitude) in future?

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COMMENTS

Much of the above is gauged from the statistics players keep during games whereas memory recall, anecdotes and hearsay are not as credible as there is no measure. I imagine of the 3,500, few players kept stats.

In coaching I value the comment made elsewhere, ‘and when you put people first the results follow’.

Our squad and some partners were all behind each player competing, especially those in the finals.

Gavin from WA shared a podcast with us and having listened to it during this bowls event the tales to take from it were so applicable to success at elite level as teams and I phrase what I took here.

Use the anagram TOP to allow:

- T To trust in one another as a team, teamwork works when the team members work at being a team. In the role you perform as a team member.
- O For objective, aim, goal, focus; give or ensure a team and its members know what they are there for and have everyone moving in the one direction.
- P For preparation with the objective for the event through training that is relevant, has that intensity; people who are able to influence and exert positive peer pressure to instill an environment of success.

Decision making, call it tactical skill, in team events is one area to improve with all players.

Taking opportunities when presented be it changing a head even when we hold, or, playing the opponent hand, or, having seen what they did the previous delivery move to deny them another attempt at that same delivery.

Stop calling for every delivery to be shot.

Think of a chess game / checkmate.

When your team is excelling don't change (hand / length).

Skipping as an ingredient in tactical skill.

The future.

First and foremost you as players ought to do a debrief of the event for all formats you competed in as it tells you your own level of commitment and discipline.

I look forward to reading each one.

I coach motivated people so if you are not that motivated I am of little assistance to you and for you.

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Each player should set goals for 2023 and do that by reviewing your year of bowls. With those goals, it may well be the same as 2022, and should consider which skills of the seven (7) they need me as coach to work on for that improvement. And if that work is within a team, then we should set schedules to be training as a team.

Those of you who were, or have been, on the podium you know you can succeed and the next level is your goal.

The others may well consider how I get to be on the podium and plan and work for that achievement.

Hell, I enjoyed the brief chances I had to watch all / most of you this past week and certainly enjoyed our socialising at the farm, thanks.

And to our four squad ladies who acquired gold, well done and well deserved all of you.

The rest of us, take heed of the success within the squad, the work required, and enjoy the feel good factor from the gold medal success for us all to go again into competitions, 2023.

Regards everyone.

Lachlan Tighe 27/01/2023