

What Are Your Goals?

QUESTION

Hi Lachlan:

You asked me to provide my reactions to these questions from you long term, What goals have you set.?

Kay

YOUR ANSWER

To represent my State and see how far I can go in this sport.

ANSWER I MIGHT HAVE EXPECTED

Hi Kay:

Representing your state is an indicator to me you want to be an elite bowler. However, I don't read from that statement there is a burning desire to be a winner, only a representative.

Elite sports players would state their goal with conviction. Thus, I expect to be selected in the state side having won state singles, region singles, club singles, Moama womens pairs, skipped the regional womens rink undefeated, etc etc.

Elite sports players would detail their goals with timelines and measures as two types.

Performance

Skills

The detail under performance may include:

Knowledge of performances necessary to be included in a state squad.

Wins in stated events during a season(s).

Finalists in other stated events.

De-briefing performances and game plans.

The detail under skills may include:

Present technical skills measured.

Standard to meet to be an elite bowler.

Progress in these, and other necessary bowls skills over a season.

Self-appraisal of skills template at the end of season(s).

Your second part of the goal statement is too airy fairy...how far can I go?

If you are not specific in your aim, anywhere is good enough, as you did say how far and you did go somewhere even if not far.

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What are your goals?

The reaction is given for you to see how you might set yourself stepping stones, measurable steps to know you are progressing along your track to your destiny in bowls.

In itself the track is your success.

Thanks.

Lachlan Tighe 2017