

TEAMS WORK, Responsibly

WORKSHOP Responsibility & playing positions in teams

In other columns I referred to poor skips.

What each of the other three of the fours team have to understand as their responsibility:

CONTRIBUTORS

- Forget goals, talk commitment (goals are what you intend, commitment is what you do).
- Success comes from building a strong relationship within the team.
- The strength of the relationship is relative to the understanding that every team member has their roles and their responsibilities.
- Every person in the team understands they can make a difference, and actively do so.
- Every person in the team is a leader. Every person in the team acts as a leader in their way.
- A bowler, team member, does not have to be physically gone (absent) to be out of the team:
If it can be observed they are bored-negative-resentful-disruptive-passive-obstinate-downcast-rattled, they have already left the team. They are passengers, that attitude to be offloaded. Or they will be.
- Maths formula for attitude = 100, due 1+20+20+9+20+21+4+5 where nos= alphabet

BEHAVIOURS

- Accountability - if you say you will do something and nothing occurs, comment he made was let's have some personal consequences, none of this...nothing happened reaction (for me the first person to be convinced of your own credibility is.....yourself;
- Put club people to work together; separate the friends as regular team mates.

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- Push people to consider, to voice an opinion, to act out that opinion (assert yourself);
- Let them know there is no one answer, no right answer, no single method.
- Let them have belief (majority of people smart, trust yourself).
- Distractions – know them, cope with them, rivet the focus.

EXPECTATION

- Researchers found solitude had similar effects for expert performers in all performance fields. Elite athletes in team sports spend unusual amounts of time on solitary skill practice (singles, lead, back end team player).

What's so magical about solitude?

According to Ericsson, and research findings, it is only when you are alone that you engage in what he refers to as a ...**DELIBERATE PRACTICE**; which he has identified as the key to exceptional achievement. When you practice deliberately you identify the tasks or knowledge that are just out of your reach, strive to upgrade your performance, monitor your progress and revise accordingly.

Practice sessions that fall short of this standard are not only less useful – they're counterproductive. They reinforce existing habits and mechanisms instead of improving them.

Team roles: Planning, debriefing

The right preparation is a must.

After a loss, review the positives as a priority. Identify the role of the individual, their contribution to the team effort, preparation for the contest. Reward & recognize post game. Part of the review was an effective contribution where team members and team benchmarked what was the level for a successful contest. All based on a game plan, and, with that we train for the habit of making skills & drills to win.

Years ago when coaching Canada, BCB 2012, I posed this...if we / you don't succeed, ask yourself what could I have done better, differently; what could my team have done better, differently. Why did you not challenge the approach at the time?

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Question on your personal accountability....What could YOU have done to counter our demise, relegation, loss, or to influence the acceptable successful standards?

The majority of bowlers turn up at the green for pennant with no purpose in mind other than expecting to win. If they don't play well there are numerous players, circumstances to point out to blame. No mirrors here please.

Players in all your teams fall into 3 classes:

- Those who make things happen.
- Those who watch things happen.
- Those who have no idea what happened.

Lachlan Tighe, 2022

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