

Website menu- Q&A
What do you want to achieve this season?

Keying on Season's Achievements

Question

Hi Lachlan:

You asked me to provide my reactions to these questions from you.
What do you want to achieve this season?

Kay

Response

Hi Kay:

YOUR ANSWER

To be more consistent, make state champions week at Bendigo and trial for state senior women's team.

ANSWER I MIGHT HAVE EXPECTED

I re-read your earlier email and your answer did not say make the state team, it said make state champions week at Bendigo and to that reply my reaction is ... yeah so what, because you can get knocked out round one or lose every game, yet you made state champions week - not ambitious enough!

And again in the earlier email you said you wanted to trial for the women's team and my reaction is...ok, but why not say perform at my best % performance to give myself the best chance of selection - again not ambitious or aggressive enough a statement.

Don't forget you write these to yourself so it is not as if you are being arrogant to impress anyone.

However, what I read is self doubt.

Ok, so you want to get into the state side and I ask the questions (which I don't need any answers for, as I am not coaching you, BUT YOU DO)

Do you know the criteria for selection to get into the state team - if not, find out.

As a coach and selector I would be looking at:

Championships to win

Championships to be a finalist in

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Regional representation

Tournaments to compete in where quality opposition guaranteed

Club championships / COC / state titles

Your planned schedule of events for the season

Your skills audit level and progress (my website has such a chart in a menu called measures somewhere.)

I used to be state ladies coach and one of the squad used to come from Sale every Friday for a year to join my regular training sessions.

Now that was commitment, yet I said to her, god I hope your talent / skill is good enough as your motivation is what I would want from anyone at elite level.

Sadly in the selector's she was not good enough, but, what a lovely warm human being and a treasured relationship.

Lastly Lina (World champ from Malaysia) and where she watches - forget it, you choose where you watch and best way to know it works is when the bowl gets close regularly.

Without question there are numerous spots to watch on the bank, on the green, or not at all and all work, for that individual.

Try a few, discard as many as you try and sort out what is best for you.

Enjoy, feel the breeze, explore, experiment, measure (as in skill and performance) and don't get too over analytical.

Lachlan Tighe, 2017