

Team Skills Competency Evaluation

INTRODUCTION

This is my take for a coach evaluating all the TEAM skills of the bowlers they coach, especially that elite bowler with reference to their training performance and competition performance.

Also, when doing the regular reviews (weekly, monthly or quarterly) use a ratings score from an excellent at ten (10) down to a dismal one (1). Any score below a 5 for a Skill would suggest a real NEED to improve in that skill.

The coach and the bowler need a mechanism to evaluate performance, both at training and in competition. An alpha score could alternatively be inserted into each box below when doing the regular review where the four alpha letters used:

E = excellent, G = good, A = average, B = below average (in skill or performance, i.e below a 50% capacity). Skills scored B suggest a real NEED to improve for that skill.

TEAM SKILLS Competence Evaluation of the individual

- Committed to the team approach
- Works in with others
- Embraces excellence as a standard to aspire to together
- Has attitude of positivity as a team member
- Has attitude toward practising the successful habits
- Enjoys milestones with others
- Applies the word 'work' within teamwork
- Oneness - we start together and finish together
- Respect - has it, shows it, shares it
- Knows the role to be played in the team
- Takes responsibility for that role
- Leadership - shared
- Manages people well
- Prepared to be managed if playing position requires it
- Trains with intensity and purpose for the team
- Expects to win
- Expresses energy as a team member in performance
- Supportive personality to fellow team mates
- Being relaxed helps others relax
- Prolonged focus for the entire game
- Distractions adequately coped with or ignored (control factors)
- Emotional control in all event situations

Website menu: facts, measured & knowledge

Team Skills Competency Evaluation: Bowler

- Copes under pressure
- Knows how to win
- Game plan contributor
- Learns from a win
- Learns from a loss
- Seeks insight from past champions
- Goals set personally
- Goals set for the position in the team game
- Understands the necessity to improve skills
- Willingness to review team performance in a debrief

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