

**Elbows 2008**  
**Player Role Fours template**

**Game Plan Fours Team**

**Refer to the template in folder**

**Player Role Fours Position**

**LEAD**

**your MEASURED role**

- The jack delivery must be within a metre of requested min/ max length every end
- 60% acceptable ML deliveries
- ML contributions 15/21 ends
- lead and the second are a 'team' and that 'team' goal is to have 2/4 bowls in the head 15 ends (where head = mat length from the location of the jack)

**your ATTITUDE role**

- **lead** to record these above on a card for each end for review at team segment meeting)
- support – once third finishes join him/her and go **together as a team** to the head
- be prepared to change hands if asked for the good of the team
- team meetings- listen, learn, focus on your next segment (e.g. 5 end) goal,

**SECOND**

**your MEASURED role**

- 50% acceptable ML deliveries (or fully effective result bowl)
- ML contributions 15/21 ends
- lead and the second are a 'team' and that 'team' goal is to have 2/4 bowls in the head 15 ends (where head = mat length from the location of the jack)
- **lead** to record these above on a card for each end for review at team segment meeting)
- team meetings- listen, learn, focus on your next segment (e.g. 5 end) goal,

**your ATTITUDE role**

- support – once third finishes join him /her and go **together as a team** to the head
- team meetings- listen, learn, focus on your next segment (e.g. 5 end) goal,

**VICE CAPTAIN (third)**

**your MEASURED role**

- 45% acceptable ML deliveries (or fully effective result bowl)
- have 2 team bowls in head 75% of ends
- not to be >2 down on head when crossing over
- hold shot 50% of the ends by the time you cross over

**your ATTITUDE role**

- tactical: be conscious of 2 bowls in head game plan
- tactical: ensure decisions are made knowing never to be >2 down on head
- strive to hold shot by the time you finish
- mental attitude: reinforce POSITIVE verbal and bodily behaviour from lead and second
- mental attitude: reinforce objective of the lead and second as a TEAM
- mental attitude: no calling multiple shots down to the skip, simply give her directions
- communication: instruct not inform

**SKIP**

**your MEASURED role**

- 40% acceptable ML deliveries (or fully effective result bowl)

## Elbows 2008

### Player Role Fours template

- have 2 team bowls in head 75% of ends
- Tactical opportunity: play a shot when presented before the opposition takes it from you
- maximum length: stand a metre short of the 2 metre mark to allow the jack delivery to have 3 metres to the ditch for a long end
- skips are not to turn over ANY head where the team already holds shot
- skip is not to choose their own deliveries which then add to the deficit any end where team is already down at the head
- reduce the deficit result 50% of times opportunity exists
- convert result 50% of times opportunity exists
- Add to the result 50% of times opportunity exists to use last bowl for that advantage

#### your ATTITUDE role

- **responsibility:** Take 100% responsibility for skipping the team, managing your team mates, know the game plan
- make all 4 player share 25% responsibility for contest and team
- **Plan:** you trained together, now meet before the game, monitor your game plan progress in segment meetings with the team providing detail from scorecard
- **Segment** team meetings- guide and direct, honest review, set your goal / target for the next segment of ends, then encourage team mate to go off apply, and enjoy
- skip with confidence throughout: walk down the rink as if you own it
- composure: winners are grinners...enjoy the challenge
- thinking hard – don't be a 'hardly thinking' skipper
- Tactical opportunity: play a shot when presented before the opposition takes it from you
- Tactical: know performance of players today and call according to how they are playing, SWOT
- Tactical beginning: make full use of the extra delivery your team (lead) has with the jack
- do not signal or call multiple shots when down to the team (it feeds the opposition ), simply give direction
- composure: positive body and verbal language for team always

## Player Performance Fours Position

**Template basis: PERFORMANCE MEASURES/ COMPARISONS FOR Fours TEAM**

Standards of performance	Club iv standard	Group iii standard	State ii standard	National i standard
<b>Lead</b>				
From 63 deliveries	25	31	38	47
As a %	40	49	60	75
50 pennant bowls	20	25	30	38
<b>second</b>				
From 63 deliveries	22	28	35	44
As a %	35	44	55	70
50 pennant bowls	18	22	28	35
<b>third</b>				
From 63 deliveries	19	25	31	41
As a %	30	40	49	65
50 pennant bowls	15	20	25	33
<b>skip</b>				
From 63 deliveries	16	22	28	38
As a %	25	35	44	60
50 pennant bowls	13	18	22	30

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