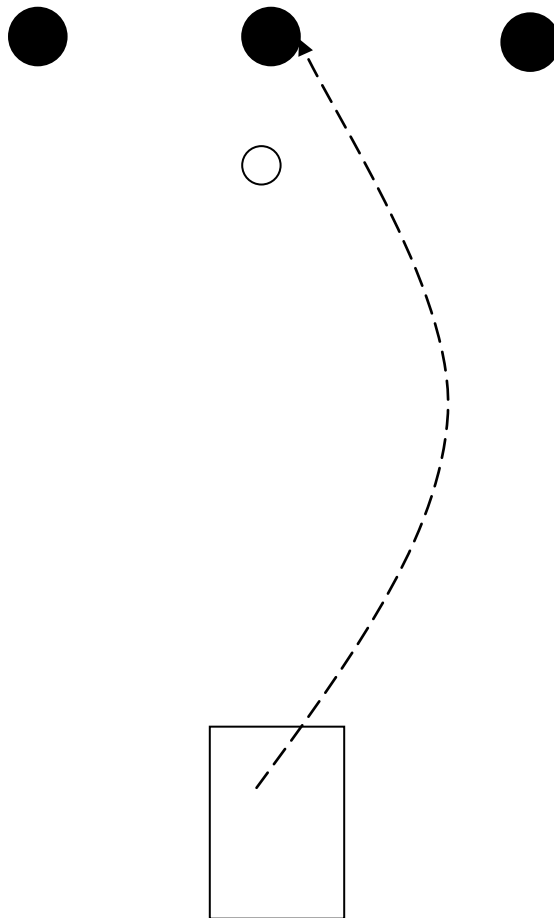


**Henselite Consulting Coach  
...On line Delivery column, 2010**

Welcome back to another year of bowls and 2010; this MAY edition of Henselite's website '...On Line Delivery' coaching column is titled ....**Mastering the yard on shot**

Mastering the yard on shot  
set bowls one metre behind the jack;  
your target in each case is the bowl not the jack;  
draw to each of the three bowls to get a feel for a yard extra shot;  
note that the left bowls is your yard over (the head) delivery, bowl behind jack is the add a yard delivery, and, on the right is the bowl which may be a right spot in a sets play event



This diagram is a variation of one I read about in the UK Bowls International book citing Ellen Falkner and her approach to training for such deliveries.  
Enjoy your bowls.

Lachlan Tighe,            May 1, 2010