

Elbows 2009

Game Plan Pairs Team

Objectives :

to do our best in the major pairs event

Outcome :

win the Tournament

COMPETITION STRATEGY

HOW

Measurable objectives, behaviours

- win the game by winning the majority of the ends it is called patience
- aim to have 50% acceptable/ ML deliveries per end
- losing ends, keep shots lost at very worst to 2 shots that end
- aim to have one of first two deliveries to be within ML every end
- aim to have a MINIMUM 50% deliveries each 3 ends within ML,
- deliveries 3-4 in set play to be consolidating or attacking
- deliveries 5-6 in regular pairs to be consolidating or attacking
- final 2 deliveries to comply with game plan

Qualitative objectives

Each player to perform their own 'pb'
enjoy the challenge

team meeting to review progress of game plan

play only MIN or MAX length ends

play the preferred hand

jack delivery vital to the above length of play

do not change a winning game

decision making: avoid greed and decide on tactics to ensure no turnovers occur

composure: be positive, happy, confident with knowledge of training and preparation, ensure body / verbal language is fun and supportive

PRE-EVENT STRATEGY

set our plan a year before the event

Train regularly for this format

Enter similar format competitions as lead up

Discuss, set, practice and review objectives over 9 months with partner in readiness for the final

Lachlan Tighe, June 2010