

Henselite Coaching Column... 'On line Delivery'
Coach consultant, Lachlan Tighe

March, 2012 edition of the coaching column titled '...On Line Delivery'

The **theme** this column is.....lessons learnt from coaching the Canadian squad in January, and, attending the Australian Open during February and listening and observing elite performers.

Bowling better is a mindset

Lessons

- Opportunity: the one you have at the head is the opportunity; take it when it is presented
- Making mistakes means you are experimenting
- Einstein apparently said.....there is nothing that is a more certain sign of insanity than to do the same thing over and over, and, expect the result to be different
- Work with the best (eagles who soar) even though they may be difficult (people); they are single minded, focused and have tunnel vision
- Repeat the (grass) line, repeat the (grass) line, repeat the (grass) line
- Skills- there are no short cuts to any place worth going
- Quoting Churchill – success is going from failure to failure with no loss of enthusiasm
- Ideas on bowls are open knowledge, not owned, and, ideas are out there floating by on the ether (to be grabbed and used)

Enjoy the read.

Lachlan Tighe,
March, 2012