

Winning Is A Mindset

Winning, Simply Stated

Attributes for winning in sport, in bowls:

- *purpose that gives direction*
- *persistence*
- *aim above average skills set*
- *want to improve skills*
- *want to correct defects*
- *have self discipline*
- *do not procrastinate*
- *developed positive attitude*
- *committed not involved*
- *honest-mirror & window analogy*
- *take calculated risks*
- *mix with inspiring people – eagles & turkeys analogy*
- *open mind to new ideas*
- *enthusiasm*
- *good listener*
- *plans*
- *seeks assistance to learn (of professionals)*
- *identify areas that require more attention*
- *knows their skills and know when to use them*
- *eliminate disruptive elements that hinder performance*
- *develop the will & program to train at best performance*
- *exceptionally drilled in the basics*
- *developed self confidence*
- *trusting positive attitude to teammates*
- *knows, uses relaxation techniques*
- *use coach to develop improved aspects for performance*
- *seeks a role model to emulate*
- *work on all four aspects of skill*

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- *evaluates & sets new goals as you meet standards*
- *foster leadership*
- *every battle has a plan*
- *every goal has a sacrifice*
- *every dream (fulfilled) is worth the weight of GOLD*

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