

Team Tactics, Planning

This column is the first of three on team tactics – planning, applying, reviewed.

All tactics are based on game plans set out by the skip and the team, and, ideally, trained for in pre event sessions.

Real top performers in any sport make better, and quicker, decisions.

One way to be at that level is to train tactically, so I would be seeking the bowlers who, having the technical skill capability, display their thinking skill and who with their team mates can easily and together make the best decisions, as much because we trained with them, coach and team.

PLANNING

- We're planning our contest because we know it allows us to be positive.
- And we agree the plan gives us a gauge of our progress and process.
- Know what our winning play is...hand, length, players.
- Know who does what in the game today in each position.
- Recall our valued practical intense training when familiar heads occur.
- Have tools, such as team meets, to reinforce and monitor our progress to win.
- Agree on the number of ends we all have to contribute an effective bowl.
- That jack throwing is the catalyst to our tactical start, let's take full advantage.

Teams, and you as individual players, tend to forget that because you have won, the opposition now has a benchmark to hit, you; there is a big target on your 4 backs next time you compete.

If you rest on your laurels and stay figuratively where you are, well, don't be surprised when the other mob(s) pass you by on their way to ultimate competition success.

Lachlan Tighe, 2016