

Game Plan For A Fours Team

All of us bowlers start with an objective (of winning). We do that as we think it will raise the level of intensity and focus for us as players in a team.

Game plans are the basis for providing that objective.

The game plan may be general points, such as:

- Our team first bowl to be our prime focus,
- Know and apply your winning length,
- Know and apply your winning hand,
- Front end team _ get close in the head, provide back bowl, and have jack effective,
- Back end team _ take opportunities, move head around appropriately, minimise damage,
- Deliveries 4, 5, 6 to be tactically productive,
- Defend your winning head / lead over opposition,
- 'Last' bowl is always your first bowl skip,
- Whatever works today, continue,
- Play to our tempo - hence the team meeting every five ends for example,
- What part of the plan is not working, change it and do so within three ends.

Game plans can have a measured aspect and could include:

- Our lead first bowl to be within ML 80% of ends,
- We will have a back bowl after our first four bowls every end,
- Team has two bowls within mat length (ML) every end,
- The lead bowler to have one bowl within ML,
- The team to keep losses per any one end to two shots,
- The front end bowlers to aim for 50% effective, or ML deliveries,
- The back end bowlers aim to have 40% effective deliveries,
- The team win 50% of ends played,
- Keep losing score to a single figure loss.

Which then are used as a comparison to the actual performance at the conclusion in a debrief of the team event.

Website menu: tactical skill
Game plan: Team 2018

Game plan should explore the use of each player in the 4s team
example - Objective of a Lead player:

- Get one bowl per end within mat length (ML) 80% of ends played,
- Deliver the jack to within one metre of requested length 9/10 times,
- Perform at 50% effective ML for the game.

GAME PLANS: WHAT THEY ARE NOT

Wishes Hopes Attitudes Expectations

Such as these type of emotive statements:

Absolutely don't be short.

Keep my delivery smooth on drive shots.

Stay focused, be confident, learn lots, and have fun.

Because if you are applying the game plan you are doing these emotive things instinctively.

Oh, one last point as a team member. Know your role, accept your role and play your role.

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