

How to coach a motivated player

BE A COACH THEY WANT

Coaching is providing direction, adding complimentary skill to the innate technical skill of a bowler.

I find it important that the motivated bowler believes I have bowls and sport knowledge and the specific coaching skill to give that add on.

SATISFY THEIR MOTIVATION

Motivated Bowlers are presumably hungry to succeed.

They seek me to coach to go further along the path for future success. I can be that catalyst to their motivation by showing my approach / philosophy and passion.

My eight P Principle is that guide for me to be of value to them:

- P Philosophy of striving for success, having no limit,
- P Passion, pure unadulterated,
- P People as prime focus,
- P Planning, ongoing, detailed, documented,
- P Power, in the knowledge and updating,
- P Performance, titles, success, development,
- P Programs, training and experimenting,
- P Praise and appraise.

Every time I see and meet these motivated people and every time I conduct their training the 8Ps abound.

ASK FOR OPINIONS

It enables me to get a spectrum of views on any approach we have under consideration.

ADMIT YOUR MISTAKES

It is great to feel confident about your role and skill, but sometimes you get it wrong, you stuff up. Show humility and allow yourself to be seen as another human being liable to make mistakes.

BE ACCESSIBLE

Take on the role, take on the responsibility and it may include undue demands on your time and emotions.

LISTEN

God gave us ears, use them for the good of the bowlers in your charge.

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ASK PERTINENT QUESTIONS (to that bowler)

By listening you will ask players questions that can elevate their performance, their mindset, their being.

WELCOME COMPLAINTS

Now that is a good one, but it shows your own stern character; hell not everyone has to agree with you, encourage the interaction, face the odd confrontation.

COACH ONE ON ONE

Remember players are human beings, so coaching, also has to be personal.

EMPOWER PEOPLE

I constantly say to bowlers, especially the motivated ones, I hope to make myself redundant if I coach successfully as I have given them the tools to succeed, no better empowerment measure.

DELIVER BAD NEWS PERSONALLY

Don't hedge your bets, be upfront and personal, always. I never accept the guilt of others.

TRAIN THEM

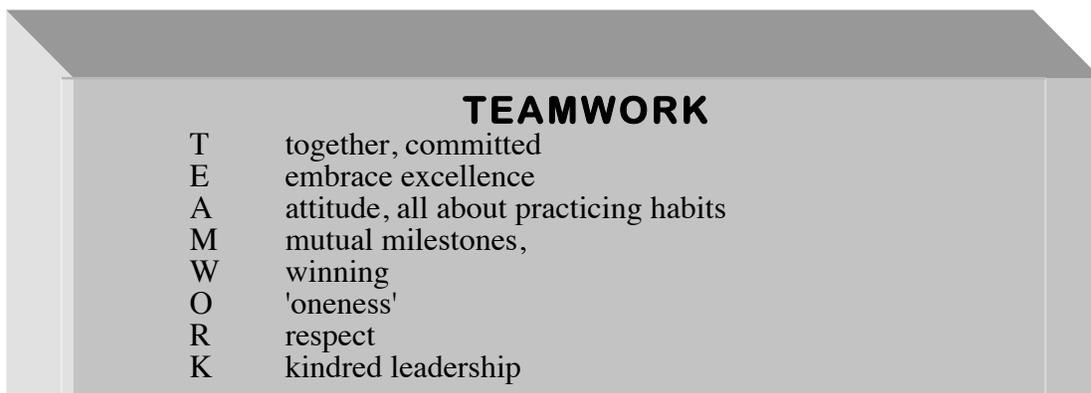
Provide the players with the knowledge of all the skills, the application of such in training and the tools in competition to succeed.

TEAMS

Sometimes I am involved in the coaching of a team (with an array of motivated players and a cast of other less serious bowlers who are good enough to form the team).

TEAMWORK

A good explanation of the acronym to describe the traits I seek from players in a team.



TEAMWORK

T	together, committed
E	embrace excellence
A	attitude, all about practicing habits
M	mutual milestones,
W	winning
O	'oneness'
R	respect
K	kindred leadership

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AS COACH BE THE ADVOCATE FOR YOUR TEAM

One in all in and back them up as a team.

Lachlan Tighe, 2018