

Games are FUN, training session

'Noughts & Crosses'

Work with a maximum of 3-4 players, each player with 4 bowls and have 4-5 jacks as spread around the GREEN per the diagram.

If about 8 players attending divide the green in half and have 4 players each half still having 4-5 jacks as targets.

Mat placement is generally at one end of the green to maximize varying jack locations.

Interesting to see who allies themselves to prevent another player winning shots.

Player holding the most jacks as shot, wins.

(Based on an idea learned at the Institute of Sport about training for decision making)

