

# Elbows 2008

## Game Plan TRIPLES Team

### OBJECTIVE

to do our best in the major 2 bowl triples event

### OUTCOME

win the Tournament

### PRE-EVENT STRATEGY

set our plan a year before the event

Train regularly for this format

Enter similar format competitions as lead up

Discuss, set, practice and review objectives over 9 months with partner in readiness for the final

### COMPETITION STRATEGY

HOW

Measurable Objectives, behaviours

- win the game by winning the majority of the ends it is called patience
- aim to have 50% acceptable/ ML deliveries per end
- losing ends, keep shots lost at very worst to 2 shots that end
- aim to have one of first two deliveries to be within ML every end
- aim to have a MINIMUM 50% deliveries each 3 ends within ML,
- deliveries 4-5 in set play to be consolidating or attacking
- final 2 deliveries to comply with game plan

Qualitative objectives

Each player to perform their own 'pb'

Each team member to...look & learn...from Lead's deliveries every end

have 2/4 bowls in Mat length of the head each ends per game

enjoy the challenge

team meeting, review progress of game plan

play only MIN or MAX length ends

play the preferred hand

jack delivery vital to the above length of play

do not change a winning game

decision making: avoid greed and decide on tactics to ensure no turnovers occur

composure: be positive, happy, confident with knowledge of training and preparation, ensure

body / verbal language is fun and supportive

### TRIPLES TEAM

*this dark (blue) shaded area allows the reader to compare the acknowledged performance percentages expected for the positions of lead / second / third/ skip at the four described levels of competition at Division One, group, state and finally national.*

	LEAD		THIRD	SKIP
ML Std accepted % Div.1.club level	40		30	30
ML Std accepted % group level	50		40	50
ML Std accepted % State level	60		50	55
ML Std accepted % National level	75		55	60

Lachlan Tighe, June 2010

**Attitude: all about practising habits**  
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