

## **Team Things: One Percenters**

We watched the players from around the world compete for gold medals in eight events at the recent 2018 Commonwealth Games in Queensland Australia.

Five countries acquired those gold medals.

No doubt the great majority of competitors have the ball skill to bowl. Elsewhere I have written my thoughts on the limited tactical and mental skill in evidence from a vast number of bowlers.

Here though I want to share my thoughts with examples of what is commonly referred to here in Australian team sport, especially our football code, as 'One Percenters' from team members.

My quick list for bowls, primarily with fours teams in mind includes:

Know your role / task in the team game plan.

Accept your role - an attitudinal thing.

Watch what behaviours are needed when it is not working.

Bowling badly personally, forget it, be quick to invest in your next teammates delivery.

Definition of short ends - into mid green or up green at minimum.

Definition of maximum - that mat is on the 2m. mark and the jack rolls to other 2m. mark.

Energize one another either calming influence or exciting activist.

Skips think medals: don't be greedy, think team(mates).

Our medal, your poor decisions skip - stand up to rectify your skip repeating this outcome.

High fives are hollow - be emotionally in and with your team always every end.

The game is tense: inwardly you may be bleeding, outwardly a picture of positivity.

Teamwork wins medals.

Front End team = lead + second, they build our foundation to win medals.

Front end team - think as a mini team like that every end.

Leads have greatest impact tactically and mentally with one third of the deliveries in fours.

Two in the head and a back(team) bowl are a sound foundation and avoids risk factor.

Communicate positivity - Everyone reacts favourably to compliments.

Communicate instructions - Be precise, firm, informative.

Communication Behavior - Reinforce it where it is good or, change it for the better.

*Website menu: Teams*  
*Topic- what are game one percenters*

Awareness - do you / we know what is winning / wins.

Don't be greedy (hero shot choices).

Maintain then gain (invest on teammates).

Minimize errors.

Responsibility is shared equally 25% per player in the fours.

'...You don't have to be out of the team to be outside the team if you have all the wrong behaviours / thoughts that mean you already left this team.'

No one, not one of us, is as good as all of us.

Know all - he who does the same gets what he always gets, nothing.

Knowledge - gained through hard work together on the track.

Knowing - how well you did on the track and how to apply it out there on the green.

The word teamwork has the word work included - you get nothing without hard work.

'Where your mind goes, everything else follows.'

**Did I see this all the time at the Games?**

**No way!!!**

**All the more reason to share this around.**

**Lachlan Tighe, 2018**