

Advice From The Head

Question:

Hi Lachlan:

I'm a member of a Women's Bowling Club in NSW (New South Wales) and normally read your articles. I am 64 years old and have been playing lawn bowls since 1999/2000.

I read a lot of your articles and have a question to ask.

Why shouldn't the skip tell her players whether they're two up or two down?

I know to direct them to where I want them to go, but I also know that the players in my team want to know whether we are holding shot or not.

Thanks

RESPONSE:

Hello:

Sorry for the delay in response as I have only returned recently from a holiday in France.

I assume you ask the question as I have probably made some comment on the necessity for telling players the score or not.

There is no one-way to play or behave in this game, so feel free to trust your own instinct.

Now for me, working with elite players and using sports psychologists, I would demand skips only advise players of the precise required delivery and to do it with positivity.

At that level the mind game is to complete the delivery task.

At club level and a bit above too, players want to know as they feel they can play better if they know the situation.

No, it really highlights either their anxiety or their preferred role of knowing what is going on, that is pseudo skip.

Web menu- Q&A
Website www.lachlantighebowls.com

This weekend we have all codes of football going on in Australia and England and I bet the players in all positions, in all codes, know only what their role, their task is, no more, no less.

All except bloody bowls and bowlers. Ah well them is the breaks.

So whatever you do, do it because you want to operate that way, not to suit how I or anyone else may think or say.

Oh and enjoy.

Regards.

Lachlan Tighe, 2017